



ARIA ONE AIRWAY QUESTIONNAIRES®

Dear Patient,

Your doctor has recommended that you take the ARIA One Airway Questionnaires® for asthma and allergic rhinitis. The questionnaires are completely anonymous and take only a few minutes to complete. Here's how:

1. Visit the One Airway Questionnaires Website:

www.whiar.org/Questionnaire.php

2. Get Started

Check the box that reflects your situation or that your doctor has told you to check:

Which of the following options describes you?
(You may choose more than one)

- A. My doctor has told me that I have asthma.
- B. My doctor has told me that I have allergic rhinitis.
- C. I sometimes have breathing problems like wheezing and shortness of breath, but I've never been diagnosed with asthma by my doctor.
- D. I sometimes have symptoms like a runny nose, sneezing, and/or itchy, watery eyes, but I've never been diagnosed with allergic rhinitis by my doctor.

NEXT

3. Tell Your Doctor

At the end of each questionnaire, you'll have the opportunity to print your results, and/or email your doctor a copy of your results:

Questionnaire Results

Your answers indicate that your asthma currently appears to be partly controlled. You should ask your doctor to evaluate you further.

Your positive responses appears below. You can print your results, get an email copy for your records, or both. Please choose from the options below:

Your doctor would like you to:

Print hard copies of your Questionnaire results and bring them to your next office visit on: _____

Email your Questionnaire results to the doctor at: _____